

#### **NOVEMBER**



#### **NEWSLETTER**

#### WHERE YOU CAN FIND US

Mailing and Physical address 429 E First Street Big Piney, WY 83113 (307) 276-3249 Fax: (307) 276-3044

#### HOURS 8:00 A.M. - 4:00 P.M.

Monday - Thursday 8:00 A.M. - 12:00 P.M. Friday Meals served Tuesday, Wednesday, and Thursday doors open at 8:00 A.M And lunch is served at 11:30 A.M

#### **MEAL COST**

\$ 6.00 Senior \$ 9.00 Senior guest \$ 13.00 Community



#### CARIE'S COMMENTS

Dear Friends

As we move into this season of gratitude and giving, I want to share a few important updates and special events happening at the center.

We will be closed on Monday, November 11th, in observance of Veterans Day.

To honor our veterans, we invite you to join us for our Veterans Luncheon on
Tuesday, November 12th, generously provided by The Bank of Jackson Hole
and hosted by the Women's Auxiliary. It's always a heartfelt celebration, and we
look forward to seeing you there!

Be sure to check out our proposed December Activities Calendar, which includes all our upcoming parties and holiday events—mark your calendars and save the dates!

Our wonderful kitchen team is excited to help make your Thanksgiving a little easier this year! They'll be offering homemade pumpkin pies and dinner rolls for your holiday gatherings. Please place your orders by November 18th for pickup on November 26th.

We'll also be hosting a Thanksgiving Dinner Party on Tuesday, November 24th, followed by a Brunch Buffet on Wednesday, November 25th—both filled with good food and great company.

Lastly, we're collecting coats, jackets, and parkas in good to excellent condition for our "Seniors in Need of a New Coat" Drive. If you have something to donate, please bring it to Carie by November 15th. Your generosity helps keep our neighbors warm this winter.

Thank you for being part of our wonderful community. Come by, share that beautiful smile of yours, and help us make this season bright for everyone!

Carie

#### BOARD MEMBERS

Bill Lehr

Karen Taylor

Janet Beiermann

Dianne Davison

Jean Golden

Ann Barney

**Betty Simpson** 

#### STAFF

Carie James/ Director

Heather Griffin/Bookkeeper

Darcy Simpson/Social

Director

Ellen Mullikin/ Dishwasher

Nancy Aceves/ Chef

Sonya Murphy/ Driver

#### **VOLUNTEERS**

Brenda Hatcher

Allison Thrash

Dianne Davison

Sherri Redden

Debbie Despain

Ray and Gloria Willoughby

**Deanne Bradley** 

## Menu

Movember 2025

To Dalla Sales Sal				The best of the second
MON	TUE	WED	тни	FRI
Menu is subject to change with out notice	4 Meatloaf Mashed Potatoes Mixed veggies Roll Ice Cream	5 Cajun Chicken Orzo Broccoli Roll Beignets	6 Pulled Pork Loaded Potatoes Coleslaw Chocolate Mousse	<b>7</b> Senior Breakfast 8-9
Monday Morning Social Coffee & Pastry 8 A.M	Closed_	12 Roast Beef Potatoes Green Beans Roll Cake Veteran's Luncheon BOJH Free Lunch	13 Chicken Fried Chicken Mashed Potatoes Corn Roll Ice Cream	<b>14</b> Senior Breakfast 8-9
Monday Morning Social Coffee & Pastry 8 A.M	18 Cheese- Burger Chowder Scones Ice Cream BOJH Free Lunch	19 Shrimp Tacos Pico De Gallo Coleslaw Raspberry Dump Cake	Tuscan Chicken Pasta Green Beans Chocolate Bread Stick Chip Cookies	21 Senior Breakfast 8-9
24 Monday Morning Social Coffee & Pastry 8 A.M	25 Thanksgiving Dinner	26 Brunch Buffett Ice Cream BOJH Free Lunch	Closed  That by thanks giving	Closed  That kigiling

#### Loan Closet

We offer a complimentary loan closet at the senior center for individuals in need of mobility aids such as crutches, walkers, bath chairs, wheelchairs, and similar equipment for a limited duration. If you require any of these items, please feel free to check them out. You are welcome to borrow the equipment and return it once it is no longer needed.

#### Need a ride?



We are a WYDOT seniors/public demand response transportation service.

PLEASE call for a ride/ bus fares and for more information
48 Hour notice is appreciated
WSIL- Transportation
Call Jessica for an appointment
(307)362-4159
Emergency Phone Number
(307)260-5441

#### On Going

Monday morning social 8 A.M. Coffee and pastry Tuesday - Public health nurse Friday - Continental breakfast 8-9 A.M.



#### **Blood Pressure**

Second Tuesday of every month Courtesy of public health

#### **Mobile Library**

11:00- 12:45 November 5<sup>th</sup> and 19th



#### Curbside Pick up

If you wish to order lunch, please call between 9:00 and 9:30 to ensure that your order is prepared on time.

#### **SWSCP SENIOR CENTER**



#### **Donations**

Calvin Thompson Memorial Donations

#### **Food Bank**

Available to seniors Only November 12<sup>th</sup> 13th

#### <u>Community</u> <u>Food Bank</u>

Second Tuesday every month 5 P.M -6:30 P.M 111 Rakestraw Marbleton Wy

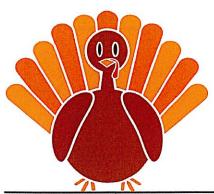
#### Wyoming Senior medicare Patol (Smp)

Sandy Goodman, SMP
Program manager
106 West Adams
PO Box BD
Riverton Wy, 82501
(307)856-6880

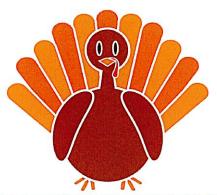
#### <u>Meetings</u>

11/5 senior center Board meeting after lunch

Senior Housing board meeting is the second Wednesday of each month



# November 2025 Activities Sign up please



11	11		00 11	•	-/1	1/2
SUN	MON	TUE	WED	ТΗU	FRI	SAT
Solo Painting In Activities Room On Mondays	Activity Requirements: 5 participants needed for in-house activities. 8 participants required for offsite events; otherwise, the activity will be canceled. Notifications will be provided if events are cancelled.		Order your Pies & Rolls!!! Order by the 18 <sup>th</sup> and Pick up the 26 <sup>th</sup>			1
2	<sup>3</sup> Coffee & Pastry 8 A.M	4 Exercise 10 A.M Cribbage 10:30 Bingo 12:30	5 Board Meeting 12:30 Mobile Library 11:30 Vienna Boys Choir Depart @4 P.M Dinner Show 7 P.M	<sup>6</sup> Golden Hour W/ Proactive 9:30-10:30 Left. Right Center 12:30	7 Senior Breakfast 8-9	8
9	10 Coffee & Pastry 8 A.M	Closed	12 Veterans lunch BOJH FREE LUNCH Cally's Helping Hands Pinedale 5:00	Golden Hour W/ Proactive 9:30-10:30 Thanksgiving Charades 12:30	Senior Breakfast 8-9	15
16	17Coffee & Pastry 8 A.M Sour Dough Class 10:00 Soup & Fresh Bread 12:00	18 Exercise 10 A.M Cribbage 10:30 Blood Pressure Clinic Book Club 12:30	Turkey Pumpkin Craft 12:30  Mobile Library 11:30	20 Golden Hour W/ Proactive 9:30-10:30 Pool Tournament 9 A.M Movie 12:30	Senior Breakfast 8-9	22
23	24 Coffee & Pastry 8 A.M	25 Exercise 10 A.M Thanksgiving lunch party	BOJH FREE LUNCH	Closed  Mappy  Thanksgiving	Closed  Closed	29



#### November

### BIRTHDAYS

#### **HAPPY BIRTHDAY**

2<sup>ND</sup> LEANNE GRAY

3<sup>RD</sup> CHARLES WENZ

3RD GARY VERNIEUW

4<sup>TH</sup> PATRICIA BERNDT

**4<sup>TH</sup> DEBORAH DESPAIN** 

**5TH TAWNY ROBERTS** 

**7<sup>TH</sup> JOHN CHRISMAN** 

**10TH RONALD MANNING** 

10TH WILLIAM DYESS

**10TH ROBERT BEIERMANN** 

12TH LYNNE ALEXANDER

14TH REBECCA ALEXANDER

15TH DEBORAH NARDACCI

15TH NORMAN WALLER

16TH MAYLEEN BOYCE

16TH ALICE BELTRAN

17TH MICHAEL SCHAFFER

17TH DONNA WALLIS

19TH BETTY FEAR

24TH DAVID STEPHENS

26<sup>™</sup> RUTH RAWHOUSER

27TH SCOTT SCHERBEL

29TH KAREN TAYLOR

30TH DEANNE BRADLEY

#### COMPLIMENTS OF SWSC PIONEERS

YOUR BIRTHDAY FALLS IN THE **CURRENT MONTH** FILL OUT YOUR NAME AND GIVE TO FRONT DESK ATTENDENT.

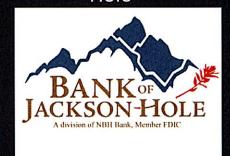
NAME:

#### <u>Free Lunch Days</u> November 12<sup>th</sup>

November 26<sup>th</sup>

Courtesy of the Bank of Jackson

Hole





VEIW THE NEWSLETTER IN COLOR ONLINE OR PAY FOR LUNCH TICKETS @ WWW. PIONEERSENIORCENTER.COM

TO SIGN UP FOR ACTIVITYS ONLINE GO TO MYACTIVECENTER.COM



# December 2025

Adivilies Sign up please



SUN	MON	TUE	WED	тни	FRI	SAT
Solo Painting In Activities Room On Mondays	1 Coffee & Pastry 8 A.M Christmas Shopping Rock Springs 8:30	2 Exercise 10 A.M Cribbage 10:30	3 Board Meeting 12:30 Mobile Library 11:30	4 Golden Hour W/ Proactive 9:30-10:30 Christmas Card Making Class 12:30	5 Senior Breakfast 8-9	6 Ballet Arial Depart @4 P.M Dinner Show 7 P.M
7	<sup>8</sup> Coffee & Pastry 8 A.M	9 Exercise 10 A.M Cribbage 10:30 Blood Pressure Clinic	10 Bingo 12:30	11 Golden Hour W/ Proactive 9:30-10:30 Ornament Painting Class 12:30	12 Senior Breakfast 8-9	13
Ornament Exchange 12:00	15 Coffee & Pastry 8 A.M	16 Exercise 10 A.M Cribbage 10:30 Christmas Craft 12:30	17 Mobile Library 11:30 Ugly Christmas Sweater lunch Party Saran Wrap Ball Game 12:30	18 Pool Tournament 9 A.M Golden Hour W/ Proactive 9:30-10:30 Movie 12:30	Senior Breakfast 8-9 Cookie Walk 4-7 P.M	20
21	Coffee & Pastry 8 A.M Christmas Light tour 5:00	23 Exercise 10 A.M Cribbage 10:30 Christmas Lunch Party  BOJH FREE LUNCH Book Club 12:30	Closed  Merry  Christmas	<sup>25</sup> Closed	Senior Breakfast 8-9	27
28	29 Coffee & Pastry 8 A.M	30 Exercise 10 A.M	Closed  HAPPy  Year			Activity Requirements: 5 participants needed for in-house activities. 8 participants required for offsite events; otherwise, the activity will be canceled. Notifications will be provided if events are cancelled.

Southwest Sublette County Pioneers
429 East First Street
Big Piney, WY 83113

NON-PROFIT
U.S. POSTAGE
PAID
BIG PINEY, WY
PERMIT # 33

#### OR CURRENT RESIDENT

#### **Lunch Served:**

Tuesdays, Wednesdays, & Thursdays

Salad Bar 11:30 & Lunch 12:00

Curbside at 11:00-11:15 a.m.

**Home Delivered Meals** 

**Transportation** 

**Blood Pressure Checkups Monthly** 

Pool Games, Free lending Library, Exercise Equipment,

Much - Much - More!

For anyone 60 years of age and older, for more information call

276-3249